

Frozen Cuisine Menu

For busy weeknights deliciously prepared for you to enjoy a heat up hot nutritiously delicious home-cooked meal when you are on the go.

	Single Portions
Vienrose Soups:	
Creamy Butternut Soup	R 45,00
Spiced Carrot and lentil soup	R 45,00
Tomato Soup	R 45,00
Pumpkin soup	R 45,00
Chicken Soup with vegetables and noodles	R 45,00
Mushroom and Potato Soup	R 45,00
Vegetable Soup	R 45,00
Chicken Noodle Soup	R 45,00
Coconut Squash Soup	R 45,00
Bacon, Bean and Tomato Sauce	R 45,00
Potato and Leek	R 45,00
Beef Goulash Soup	R 45,00
Butter Chicken	R 68,00
Creamy and perfectly spiced chicken in tomato and yoghurt butter chicken gravy with warm spices With Naan Bread	
Crumbed Chicken Fillet	R 48,00
Chicken Breast/strips breaded and pan-fried served with vegetables	
Slow Cooked Steak	R 75,00
Rump/Sirloin steak grilled in spices served with potatoes and vegetables	
Cheesy Broccoli, Brown Rice and Chicken Bake	R 48,00
Brown rice baked with chicken mushroom and spinach in a creamy sauce.	
Creamy Spinach, Chicken and Bacon Pasta	R 55,00
Fettucine pasta with cream, spinach, chicken and bacon.	
Aubergine and Mozzarella Bake	R 78,00
Thin slices of aubergine with olive oil, tomato and mozzarella baked with parmesan.	

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Macaroni & Cheese

Classic - Creamy Tomato, & Cheese topped with Cheese & Tomato

R 40,00

Supreme - Creamy Tomato, Bacon & Cheese

R 48,00

Spaghetti Bolognese

R 45,00

Italian Spaghetti with fine mince in a bolognaise sauce
(with Parmesan)

Chicken a-la King

R 57,00

Creamy Chicken and Mushroom served with rice

Lasagne

Beef

R 58,00

Chicken Lasagne

R 58,00

Vegetable/Lentil

R 55,00

Stroganoff

Creamy Beef and Green peppers served with rice

R 65,00

Creamy Chicken fillet and Green peppers served with rice

R 58,00

Chicken Parmesan

R 65,00

Breaded Chicken Breast topped with tomato, fresh basil, mozzarella and parmesan. Served with baby potatoes and grilled green beans

Beef Carpaccio

R 58,00

Thin creamy beef fillet prepared in a light cream and white wine sauce. Served with Focaccia Bread

Cottage Pie

R 58,00

Beef,vegetable or Lentil in a savoury gravy with a crust topping of mashed potato and garnished with cheddar cheese.

Beef Brisket

R 65,00

Beef Brisket grilled and roasted with onion, sweet peppers, butternut, potato and mushroom

Creamy Chicken and Vegetables

R 65,00

in Creamy white wine Sauce with Rosemary, Potatoes, Broccoli and beans

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Beef and Mushroom	R 75,00
Beef Fillet cooked with mushroom in sweet red wine served with rice	
Oxtail Casserole	R 85,00
Fall off the bone oxtail prepared with carrots, celery and onion. Served with rice/mash or polenta.	
Meatballs	R 55,00
Beef Mince Meatballs grilled and serve with a tomato cream sauce. Served with grilled potatoes, carrots and beans.	
Beef Burger Patties - 6 per tray	R 65,00
Perfect homemade burger patties using only the finest and leanest mince prepared with homemade spices and ingredients.	
Crispy, Creamy Cordon Bleu	R 78,00
Chicken fillet filled with cheese and ham/bacon breaded and pan-fried served with a creamy cheese and mushroom topping.	
Chicken and Coconut Curry	R 65,00
Chicken fillet curry prepared with creamy coconut milk served with rice and papapye satini.	
Beef Curry	R 65,00
Soft beef curry braised and cooked with potatoes and carrots served with rice	
Pork Tenderloin	
<i>Served with maple apple sauce</i>	
Stuffed with Mushroom, Spinach	R 85,00
Stuffed with Mediterranean, balsamic & herb	R 85,00
Stuffed with Garlic & Herb, cream cheese & bacon	R 85,00
Stews	
Beef slow cooked with potatoes, carrots, beans served with rice and coleslaw vinegrette salad	R 65,00
Chicken slow cooked with potatoes, carrots, peas served with rice and coleslaw vinegrette salad	R 58,00
Pork Bites Battered and Deep Fried	R 85,00
Served with Sweet and sour sauce	

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Grilled vegetables

R 65,00

in olive oil, herbs and spices (mushrooms, butternut, pumpkin, red onions, green, red and yellow peppers, carrots, beans and broccoli)

Home-made pies:

Chicken and mushroom

R 48,00

Steak and Onion

R 55,00

Chicken Curry

R 48,00

Beef Curry

R 55,00

Quiche:

Bacon/Spinach and mushroom

R 58,00

Chicken mushroom and spinach

R 58,00

Bacon/Cheese and/ Tomato

R 58,00

Spinach/Feta/Caramelised onion

R 58,00

Butternut/Feta/Spinach

R 58,00

Cheese and Tomato

R 58,00

Sweet Tuna

R 58,00

Pizza : 23 cm pizza base with the following toppings

Chicken: Sweet and Sour

R 48,00

Chicken: Chicken Tikka

R 48,00

Four Seasons

R 55,00

Margarita

R 45,00

Hawaiian

R 48,00

Ham, Spinach, Mushroom

R 48,00

Salami and Mushroom

R 48,00

Bolognese

R 48,00

Sweet Tuna

R 48,00

Fishcakes (2 portions)

R 65,00

Fresh grilled red snapper finely shredded and mixed with onion, basil, garlic, lemon, spring onion and potato. Breaded and pan fried.

Bangers and Mash

R 65,00

2 Pork/Beef sausages grilled and served with potato mash, peas and carrots. Served with a gravy sauce.

VIENROSE (PTY) LTD 2017/002624/07

Finest Cuisine Catering

Frozen Cuisine Menu

Chicken Fettucine Alfredo

Creamy garlic parmesan Chicken Fettucine Alfredo
with mushrooms

R 68,00

Bacon Alfredo

Bacon Alfredo Pasta in a creamy sauce tossed with baby peas

R 68,00

Please contact us to prepare a personalised weekly menu to suit your budget

Please note all Frozen Cuisine are delivered frozen but are made fresh prior to delivery

**(20Km FREE Delivery)
Delivery Charges May Apply**